### THE AFFORDABLE CARE ACT BENEFITS INDIAN COUNTRY

The Health Insurance Marketplace benefits American Indian and Alaska Native (AI/AN) people by providing opportunities for affordable health care coverage. This coverage can be a private health plan purchased through the Marketplace.

AI/ANs are screened for Medicaid and the Children's Health Insurance Program (CHIP) eligibility when they apply for coverage through the Marketplace.

#### **KEY POINTS TO REMEMBER**

The Marketplace provides more choices and control over your health insurance options.

There is no cost or risk to check your eligibilty in the Marketplace.

Members of federally recognized Tribes can enroll monthly.

You can continue to receive services from your current Indian health providers.

Enrolling in the Marketplace or Medicaid helps strengthen the Indian Health Service programs and services in Tribal communities.

## National Indian Health Board



Learn about all the health benefits available to you.

Check with your health care provider TODAY!

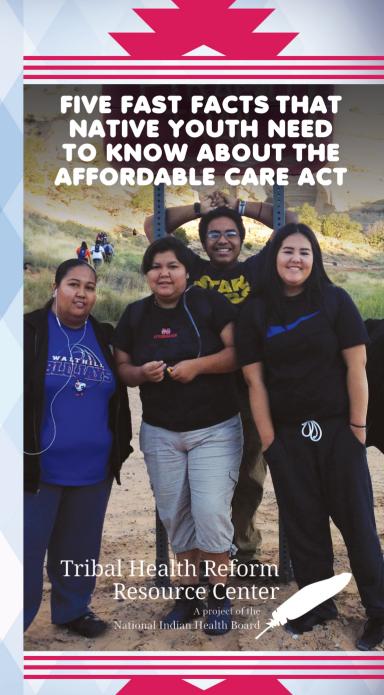
In person at an IHS facility

By telephone 24 hours a day, 7 days a week at 1 (800) 318-2596 TTY: 1 (800) 889-4325

#### Online at:

www.healthcare.gov

For more information visit: www.healthcare.gov/tribal



# 5 FAST FACTS THAT NATIVE YOUTH NEED TO KNOW ABOUT THE AFFORDABLE CARE ACT

- They can be added to or kept on their guardian's health insurance until they turn 26
- They will be covered for prevention screenings for things like STDs, HIV, pregnancy, depression and diabetes
- Their additional coverage will allow them to receive service outside of the Indian Health Service
- Medicaid may be a health coverage option for children and families
- Their parents can file an exemption from the tax penalty for them



#### ADDITIONAL OPPORTUNITIES TO MEET YOUR HEALTH CARE NEEDS

The Affordable Care Act (ACA) supports, strengthens, and recognizes the entire Indian Health Service (IHS) delivery system as the primary health system for American Indian and Alaska Native people (AI/AN). The ACA provides new opportunities for access to affordable or free health care coverage through the Health Insurance Marketplace and the expansion of Medicaid in some states.

What are the Essential Health Benefits?

- Ambulatory Patient Services
- Emergency services
- Hospitalization

- Prescription Drugs
- Laboratory Services
- Maternity and Newborn Care
- Mental Health and Substance Use Disorder Services, including Behavioral Health Treatment
- Rehabilitative and Habilitative Services and Devices
- Preventive and Wellness Services and Chronic Disease Management
- Pediatric Services, including Oral and Vision Care

Can I continue to get services from the IHS, a Tribal program, or an urban Indian health program if I sign up for health insurance?

- Yes. Signing up for health care coverage through the Marketplace and Medicaid does not change your eligibility to receive health care from Indian Health Service, Tribal or urban health facilities (I/T/Us).
- Remember, IHS is not health insurance.
- By enrolling in the Marketplace or applying for Medicaid you are helping to strengthen the services I/T/Us provide to the entire American Indian and Alaska Native community.
- Your Indian health provider is available to help you navigate changes and can answer your questions.

For more information, see your health care provider TODAY!